

*Psalm 119 (ESV)*

*105 Your word is a lamp to my feet and a light to my path. 106 I have sworn an oath and confirmed it, to keep your righteous rules. 107 I am severely afflicted; give me life, O Lord, according to your word! 108 Accept my freewill offerings of praise, O Lord, and teach me your rules. 109 I hold my life in my hand continually, but I do not forget your law.*

2

*Psalm 119 (ESV)*

*110 The wicked have laid a snare for me, but I do not stray from your precepts. 111 Your testimonies are my heritage forever, for they are the joy of my heart. 112 I incline my heart to perform your statutes forever, to the end.[i]*

3

Theme

God's Word anchors caregivers in truth and hope, lighting each step of the caregiving journey with comfort, wisdom, and the assurance of His unchanging presence.

4

Scripture  
Comforts and  
Guides



5

Scripture Comforts and Guides

- God's Word reminds us that the Lord Himself shepherds us, providing rest, renewal & soul-restoration when caregiving drains our strength.

***23 The Lord is my shepherd; I shall not want. 2 He makes me lie down in green pastures. He leads me beside still waters. 3 He restores my soul. He leads me in paths of righteousness for his name's sake. (Psalm 23:1-3 ESV)***

6

Scripture Comforts and Guides

- In a caregiving world filled with uncertainty, God's Word becomes the unchanging truth that steadies the heart & clears confusion.

***17 Sanctify them in the truth; your word is truth. (John 17:17 ESV)***

7

Scripture Comforts and Guides

- Scripture breathes life back into weary caregivers, refreshing their spirits when emotional and physical fatigue feel overwhelming.

***7 The law of the Lord is perfect, reviving the soul; the testimony of the Lord is sure, making wise the simple; (Psalm 19:7 ESV)***

8

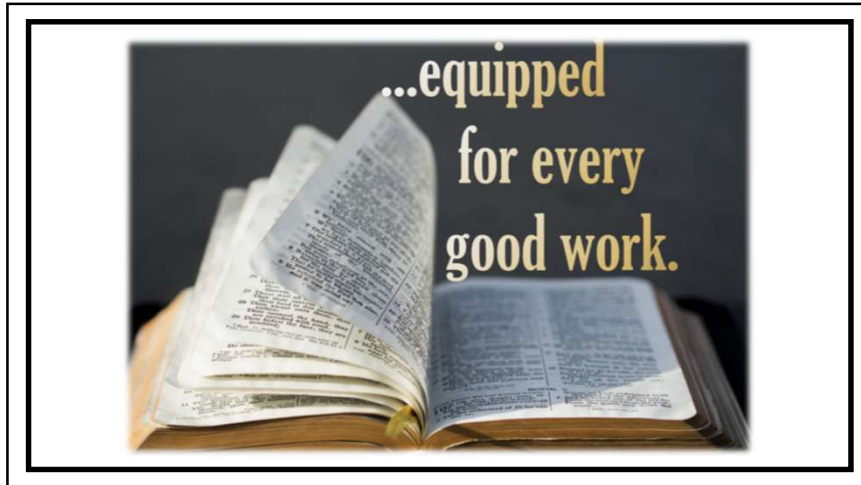
Scripture Comforts and Guides

- Scripture fills caregivers with hope - not based on circumstances but rooted in God's faithful promises.

***4 For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope. (Romans 15:4 ESV)***

- God's Word comforts us in our exhaustion, guides us through uncertainty, revives our souls & fills us with hope that does not fade.

9



10

### Equipped for Every Good Work

- Scripture prepares caregivers with the spiritual tools we need - patience, compassion, wisdom perseverance - to serve Him faithfully.

***17 that the man of God may be complete, equipped for every good work. (2 Timothy 3:17 ESV)***

11

### Equipped for Every Good Work

- Scripture shapes us into people who respond with gentleness & peace, even in stressful or confusing moments.

***17 But the wisdom from above is first pure, then peaceable, gentle, open to reason, full of mercy and good fruits, impartial and sincere. (James 3:17 ESV)***

12

### Equipped for Every Good Work

- When we feel physically or emotionally depleted, God's Word assures us that He supplies strength beyond our own.

***29 He gives power to the faint, and to him who has no might he increases strength. (Isaiah 40:29 ESV)***

13

### Equipped for Every Good Work

- We can trust that when we speak or share Scripture - even with someone who may not remember - God's Word still works & bears fruit.

***11 so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and shall succeed in the thing for which I sent it. (Isaiah 55:11 ESV)***

14

### Equipped for Every Good Work

- The Bible equips us with wisdom, strength, encouragement & the assurance that God is working through every act of care.

15



**God Speaks  
through the  
Written Word**

16

### God Speaks Through His Written Word

- Every word of Scripture carries God's voice, giving us direct access to His wisdom, comfort & guidance.

***16 All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, (2 Timothy 3:16 ESV)***

17

God Speaks Through His Written Word

- God's Word meets us in real time - speaking into our fears, strengthening our faith & addressing our needs.

***12 For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.  
(Hebrews 4:12 ESV)***

18

God Speaks Through His Written Word

- As we read, hear, or meditate on Scripture, our faith grows - even when our circumstances remain difficult.

***17 So faith comes from hearing, and hearing through the word of Christ. (Romans 10:17 ESV)***

19

God Speaks Through His Written Word

- In our caregiving world where everything changes - abilities, routines, memory - God's Word remains steady & unchanging.

***8 The grass withers, the flower fades, but the word of our God will stand forever. (Isaiah 40:8 ESV)***

20

God Speaks Through His Written Word

- We can trust that God keeps every promise He makes; His Word never fails, even when life feels unpredictable.

***45 Not one word of all the good promises that the Lord had made to the house of Israel had failed; all came to pass. (Joshua 21:45 ESV)***

- God speaks clearly & faithfully through His Word, giving us a steady voice of truth, comfort & promise in every season.

21

### Discussion Questions

- What Scriptures have sustained you in caregiving?
- How do you share God's Word with your loved one - even in simple ways?
- What passages bring you peace or strength on difficult days?
- How has the Bible helped you make caregiving decisions?
- What new insights has God revealed to you through His Word during this season?

22

### Scriptures of Strength, Peace and Hope

- When You Feel Weary
  - Isaiah 40:29–31 – God gives strength to the weary and increases the power of the weak.
  - Psalm 73:26 – God is the strength of your heart when your own strength fails.
  - Matthew 11:28 – Jesus invites the weary to come to Him for rest.

23

### Scriptures of Strength, Peace and Hope

- When You Need Peace
  - John 14:27 – Jesus gives a peace the world cannot give.
  - Philippians 4:6–7 – God's peace guards your heart and mind.
  - Psalm 46:1–2 – God is your refuge and ever-present help.

24

### Scriptures of Strength, Peace and Hope

- When You Feel Alone
  - Deuteronomy 31:8 – The Lord goes before you and will never leave you.
  - Isaiah 41:10 – God upholds you with His righteous hand.
  - Psalm 139:1–10 – God knows you completely and is with you everywhere.

25

### Scriptures of Strength, Peace and Hope

- When You Need Wisdom
  - James 1:5 – God gives wisdom generously to those who ask.
  - Proverbs 3:5–6 – Trust in the Lord, and He will direct your paths.
  - Psalm 32:8 – God will instruct and teach you in the way you should go.

26

### Scriptures of Strength, Peace and Hope

- When Your Heart Is Heavy
  - Psalm 34:18 – The Lord is close to the brokenhearted.
  - 2 Corinthians 1:3–4 – God comforts us in all our troubles.
  - Revelation 21:4 – God will wipe every tear from our eyes.

27

### Scriptures of Strength, Peace and Hope

- When You Need Encouragement in Your Calling
  - Galatians 6:9 – Do not grow weary in doing good; your work matters.
  - Matthew 25:40 – Caring for “the least of these” is caring for Christ Himself.
  - Hebrews 6:10 – God will not forget the love you show in caring for others.

28

### Scriptures of Strength, Peace and Hope

- When You Need Daily Strength
  - Psalm 121:1–2 – Your help comes from the Lord.
  - Lamentations 3:22–23 – God’s mercies are new every morning.
  - 2 Corinthians 12:9 – God’s grace is sufficient; His power is made perfect in weakness.

29