

LIVING HOPE
DEMENTIA CAREGIVER
SUPPORT COMMUNITY

Christian
Caregiving
a Way of Life

Trusting the True Healer

True Healing



Bible Passages

- God reveals Himself as Jehovah Rapha, the One who heals His people.

For I am the LORD, your healer. (Exodus 15:26 ESV)

- Healing begins with forgiveness & God's mercy.

2 Bless the Lord, O my soul, and forget not all his benefits, 3 who forgives all your iniquity, who heals all your diseases, (Psalm 103:2–3 ESV)

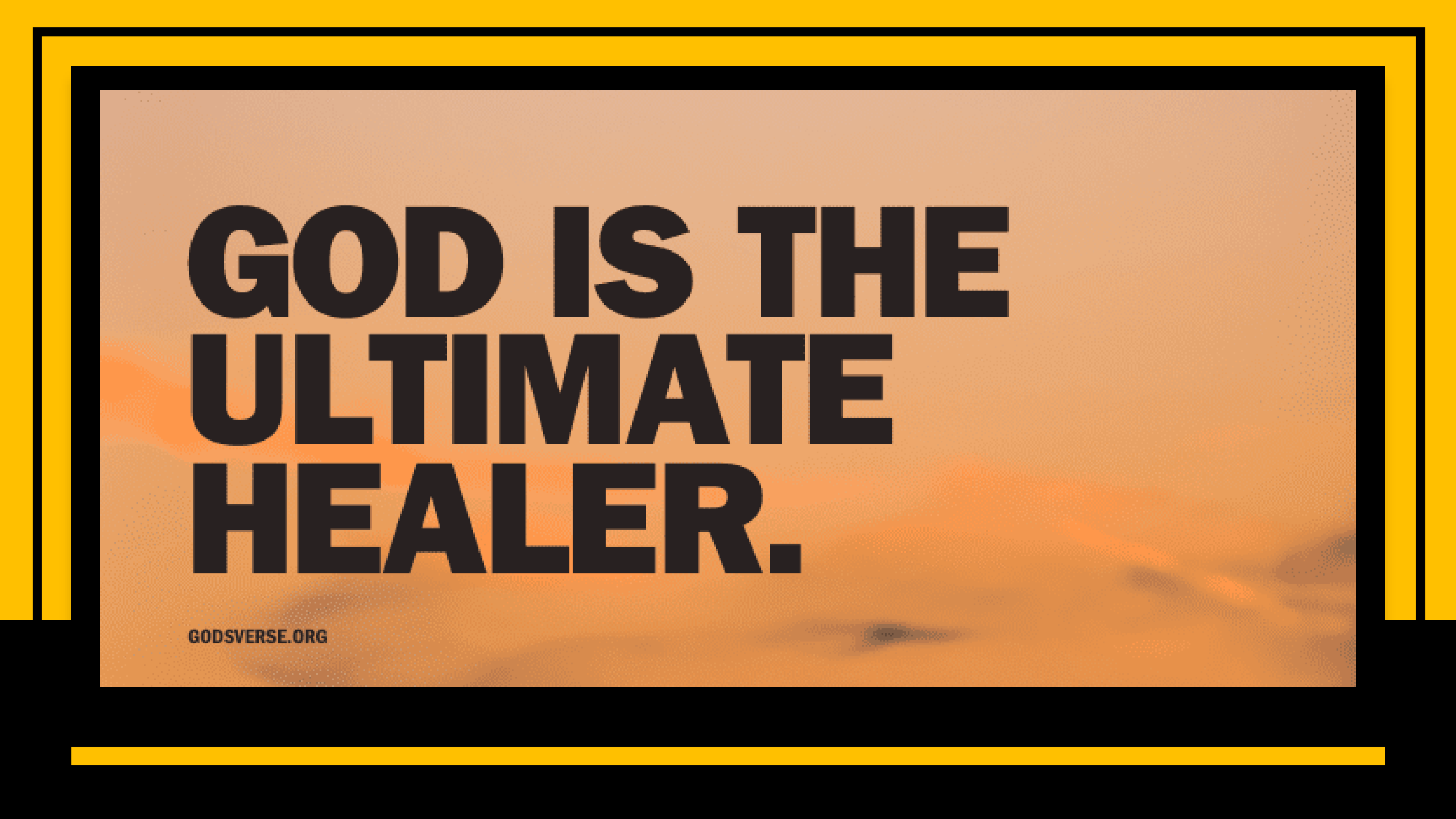
Bible Passages

- God promises restoration even in times of brokenness.

17 For I will restore health to you, and your wounds I will heal, declares the Lord, because they have called you an outcast: “It is Zion, for whom no one cares!”
(Jeremiah 30:17 ESV)

Main Idea

God alone is the true healer who restores His people - physically, emotionally, and spiritually - through His mercy, forgiveness, and faithful love.



**GOD IS THE
ULTIMATE
HEALER.**

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God is the Ultimate Healer

- God heals the brokenhearted
 - To feel deep sorrow or pain
 - To be humbled & aware of one's need for God
 - To be in a place where God can bring comfort, healing & restoration.

***3 He heals the brokenhearted and binds up their wounds.
(Psalm 147:3 ESV)***

God is the Ultimate Healer

- Jesus bore our griefs & carried our sorrows.

*4 Surely he has borne our griefs and carried our sorrows;
yet we esteemed him stricken, smitten by God, and
afflicted. (Isaiah 53:4 ESV)*

God is the Ultimate Healer

- God declares Himself our healer.

*26 saying, “If you will diligently listen to the voice of the Lord your God, and do that which is right in his eyes, and give ear to his commandments and keep all his statutes, I will put none of the diseases on you that I put on the Egyptians, for I am the Lord, your healer.”
(Exodus 15:26 ESV)*

God is the Ultimate Healer

- Jesus came for the sick & suffering.

*17 And when Jesus heard it, he said to them, “Those who are well have no need of a physician, but those who are sick. I came not to call the righteous, but sinners.”
(Mark 2:17 ESV)*

- He restores our souls.

3 He restores my soul. He leads me in paths of righteousness for his name's sake. (Psalm 23:3 ESV)



We are
Chosen
Vessels
by
GOD

We Are Chosen Vessels By God

- We represent Jesus in our caregiving.

20 Therefore, we are ambassadors for Christ, God making his appeal through us. We implore you on behalf of Christ, be reconciled to God. (2 Corinthians 5:20 ESV)

- God is actively at work inside believers, shaping both our desires & our actions so that we can live according to His purpose & bring Him joy.

13 for it is God who works in you, both to will and to work for his good pleasure. (Philippians 2:13 ESV)

We Are Chosen Vessels By God

- We were created for good works.

10 For we are his workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them. (Ephesians 2:10 ESV)

- Our light shines through acts of love.

16 In the same way, let your light shine before others, so that[a] they may see your good works and give glory to your Father who is in heaven. (Matthew 5:16 ESV)

We Are Chosen Vessels By God

- We serve as unto the Lord, not just people.

23 Whatever you do, work heartily, as for the Lord and not for men, 24 knowing that from the Lord you will receive the inheritance as your reward. You are serving the Lord Christ. (Colossians 3:23–24 ESV)



TRUST IN GOD

Trust in God

- Scripture tells us that we can cast all our anxieties on Jesus.

7 casting all your anxieties on him, because he cares for you. (1 Peter 5:7 ESV)

Trust in God

- Paul tells us to be anxious for nothing, but pray.

6 do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. 7 And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus. (Philippians 4:6–7 ESV)

Trust in God

- The peace that Jesus gives is not the peace the world gives.

27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. (John 14:27 ESV)

- Our Lord upholds us when we stumble.

24 though he fall, he shall not be cast headlong, for the Lord upholds his hand. (Psalm 37:24 ESV)

Trust in God

- We can trust in our Lord with all our heart.

*5 Trust in the Lord with all your heart, and do not lean on your own understanding. 6 In all your ways acknowledge him, and he will make straight your paths.
(Proverbs 3:5–6 ESV)*

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Discussion Questions

- What does it mean to you that God is the true healer in your caregiving journey?
- How do you balance your caregiving efforts with trusting God's outcomes?
- When have you felt pressure to "fix" something that only God could heal?
- How do you experience God's peace during caregiving stress?
- What prayers help you release control & trust God?

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