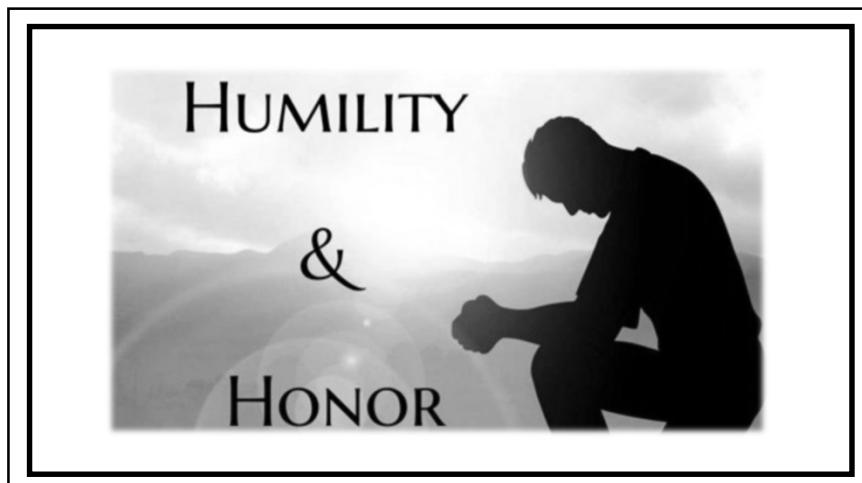




1

### Main Idea

Christian caregiving reflects Jesus' dignity in service and draws strength from God's sustaining grace, not from human strength.



3

### Humility and Honor

- Service reflects Jesus' humility – Jesus washed His disciples' feet, modeling dignity in humble service.

*14 If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet. 15 For I have given you an example, that you also should do just as I have done to you. (John 13:14–15 ESV)*

4

## Humility and Honor

- Serving with dignity means embodying kindness & humility.

*He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God? (Micah 6:8 ESV)*

5

## Humility and Honor

- Honor in valuing others above self— Caregiving dignifies both the caregiver and the loved one.

*3 Do nothing from selfish ambition or conceit, but in humility count others more significant than yourselves. 4 Let each of you look not only to his own interests, but also to the interests of others. (Philippians 2:3–4 ESV)*

6

## Humility and Honor

- Serving is a sacred stewardship of God's grace, not a burden.

*10 As each has received a gift, use it to serve one another, as good stewards of God's varied grace: 11 whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies - in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen. (1 Peter 4:10–11 ESV)*

7

## Humility and Honor

- Dignity in caregiving is rooted in love that uplifts.

*8 Now concerning food offered to idols: we know that “all of us possess knowledge.” This “knowledge” puffs up, but love builds up. (1 Corinthians 8:1 ESV)*

8



9

### God is My Strength

- God strengthens the weary – Caregivers are upheld by God's righteous hand.

*10 fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.*  
*(Isaiah 41:10 ESV)*

10

### God is My Strength

- Rest in Jesus' yoke – True caregiving flows from Jesus' rest.

*28 Come to me, all who labor and are heavy laden, and I will give you rest. 29 Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. 30 For my yoke is easy, and my burden is light.” (Matthew 11:28–30 ESV)*

11

### God is My Strength

- Do not grow weary in doing good – Perseverance is sustained by God's promise of reward.

*9 And let us not grow weary of doing good, for in due season we will reap, if we do not give up.*  
*(Galatians 6:9 ESV)*

12

### God is My Strength

- Inner renewal day by day prevents burnout in caregiving.

*16 So we do not lose heart. Though our outer self is wasting away, our inner self is being renewed day by day. (2 Corinthians 4:16 ESV)*

- Strength for caregiving comes from God's shield & help.

*7 The Lord is my strength and my shield; in him my heart trusts, and I am helped; my heart exults, and with my song I give thanks to him. (Psalm 28:7 ESV)*

13



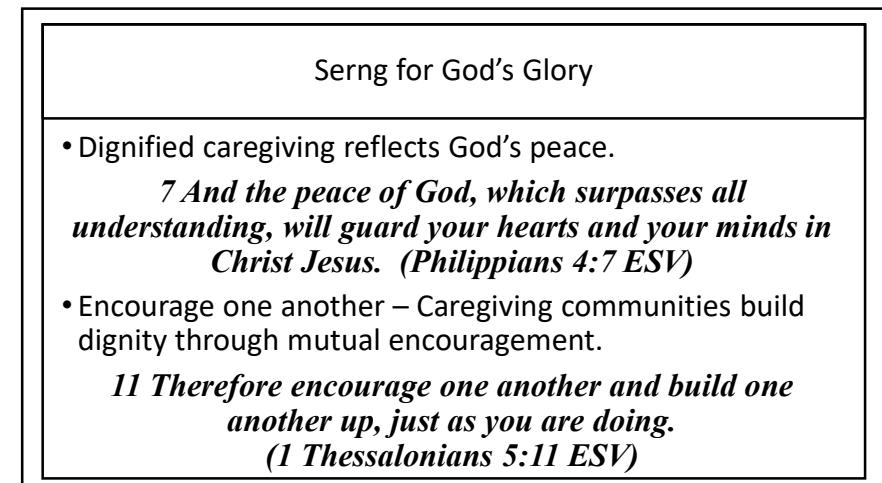
14

### Serng for God's Glory

- Serve by God's strength – Caregiving glorifies God when done in His power.

*11 whoever speaks, as one who speaks oracles of God; whoever serves, as one who serves by the strength that God supplies—in order that in everything God may be glorified through Jesus Christ. To him belong glory and dominion forever and ever. Amen. (1 Peter 4:11 ESV)*

15



16

### Serng for God's Glory

- Sharing the load with the Lord honors both caregiver & care recipient.

***2 Bear one another's burdens, and so fulfill the law of Christ. (Galatians 6:2 ESV)***

- Because God dwells with us caregiving becomes holy ground with God's Spirit present.

***16 Do you not know that you are God's temple and that God's Spirit dwells in you? (1 Corinthians 3:16 ESV)***

### Discussion Questions

- How does Jesus' example of humble service inspire dignity in your caregiving role?
- What practices (prayer, Scripture, rest, fellowship) help you renew your spirit so you serve without depletion?
- How can you practice resting in Jesus' yoke while still meeting daily caregiving demands?
- What practical steps help you reflect God's glory in the way you serve your loved one?
- How does remembering God's promise of reward reshape your perspective on the long, often unseen work of caregiving?