# LIVING HOPE DEMENTIA CAREGIVER SUPPORT COMMUNITY

### Agenda

- Welcome/Introductions & Opening Prayer Sally
- Worship Music I Will Fear No More (The Afters)
- Scripture Reading Psalm 27 Dena
- Psalms Week 4 Video Ed
- Discussion: *One Thing* Carlos
- Prayer Requests Sharon
- Closing Prayer Sharon



One Thing

1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? 2 When evildoers assail me to eat up my flesh, my adversaries and foes, it is they who stumble and fall. 3 Though an army encamp against me, my heart shall not fear; though war arise against me, yet I will be confident.

4 One thing have I asked of the Lord, that will I seek after: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to inquire in his temple. 5 For he will hide me in his shelter in the day of trouble; he will conceal me under the cover of his tent; he will lift me high upon a rock. 6 And now my head shall be lifted up above my enemies all around me, and I will offer in his tent sacrifices with shouts of joy; I will sing and make melody to the Lord.

7 Hear, O Lord, when I cry aloud; be gracious to me and answer me! 8 You have said, "Seek my face." My heart says to you, "Your face, Lord, do I seek." 9 Hide not your face from me. Turn not your servant away in anger, O you who have been my help. Cast me not off; forsake me not, O God of my salvation! 10 For my father and my mother have forsaken me, but the Lord will take me in. 11 Teach me your way, O Lord, and lead me on a level path because of my enemies.

12 Give me not up to the will of my adversaries; for false witnesses have risen against me, and they breathe out violence. 13 I believe that I shall look upon the goodness of the Lord in the land of the living! 14 Wait for the Lord; be strong, and let your heart take courage; wait for the Lord!



One Thing

### Questions

- How does knowing that the Lord is your light, your salvation and your stronghold, comfort and strengthen you as you face the challenges of caring for your loved one?
- In what ways do you trust and rely on God's strength to guide you through the uncertainties and difficulties of caring for your loved one?
- How has Jesus been your shelter in your circumstances right now?

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