



Through It All

Background

- “Through It All” was written in 1971 by Andraé Crouch during a time of personal hardship, loss & spiritual testing in his life.
- His mother, father & brother all died within a short period & he wrestled with doubt & grief.
- This song became his testimony: despite pain, God remained faithful.
- “Through It All” is not about avoiding trials - it’s about discovering Jesus’ presence in the trials.

Through It All

I've had many tears and sorrow

I've had questions for tomorrow

There's been times I didn't know right from wrong

But in every situation

God gave me blessed consolation

That my trials come to only make me strong



Finding Strength in
TRIALS

Finding Strength in Trials

- Trials strengthen faith – testing produces perseverance.

2 Count it all joy, my brothers, when you meet trials of various kinds, 3 for you know that the testing of your faith produces steadfastness. 4 And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing. (James 1:2–4 ESV)

Finding Strength in Trials

- God comforts us in sorrow.

3 Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and God of all comfort, 4 who comforts us in all our affliction, so that we may be able to comfort those who are in any affliction, with the comfort with which we ourselves are comforted by God.

(2 Corinthians 1:3–4 ESV)

Finding Strength in Trials

- God gives us direction when we trust Him.

5 Trust in the Lord with all your heart, and do not lean on your own understanding. 6 In all your ways acknowledge him, and he will make straight your paths (Proverbs 3:5–6 ESV)

- Suffering has purpose – all things work together for good.

28 And we know that for those who love God all things work together for good, for those who are called according to his purpose. (Romans 8:28 ESV)

Finding Strength in Trials

- Jesus is present in our confusion offering peace beyond understanding.

27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. (John 14:27 ESV)

Through It All

*I've been a lot of places
And I've seen millions of faces
But there were times that I felt so all alone
But in my lonely hours
Yes, those precious lonely hours
Jesus let me know that I was His own*



We are never alone
in our journey!

Anuranjita Kumar

We Are Never Alone in Our Journey

- God is near the lonely.

6 God settles the solitary in a home; he leads out the prisoners to prosperity, but the rebellious dwell in a parched land. (Psalm 68:6 ESV)

- Jesus promised His eternal companionship.

20 “teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.” (Matthew 28:20 ESV)

We Are Never Alone in Our Journey

- Even in crowds, we can feel alone.

10 He said, “I have been very jealous for the Lord, the God of hosts. For the people of Israel have forsaken your covenant, thrown down your altars, and killed your prophets with the sword, and I, even I only, am left, and they seek my life, to take it away.” (1 Kings 19:10 ESV)

We Are Never Alone in Our Journey

- Precious lonely hours become sacred when we fill them with God.

6 when I remember you upon my bed, and meditate on you in the watches of the night; 7 for you have been my help, and in the shadow of your wings I will sing for joy.

(Psalm 63:6–7 ESV)

We Are Never Alone in Our Journey

- Our identity is in Jesus - We belong to Him.

27 My sheep hear my voice, and I know them, and they follow me. 28 I give them eternal life, and they will never perish, and no one will snatch them out of my hand.

(John 10:27–28 ESV)

Through It All

*So I thank God for the mountains
And I thank Him for the valleys
And I thank Him for the storms He's brought me through
For if I'd never had a problem
I'd never know that God could solve them
I'd never know what faith in his word could do*



Gratitude
CHANGES
EVERYTHING

Gratitude Changes Everything

- We are commanded to give thanks always.

18 give thanks in all circumstances; for this is the will of God in Christ Jesus for you. (1 Thessalonians 5:18 ESV)

- The storms of life reveal God's power.

39 And he awoke and rebuked the wind and said to the sea, “Peace! Be still!” And the wind ceased, and there was a great calm. (Mark 4:39 ESV)

Gratitude Changes Everything

- Life's problems reveal God's promises of provision for every need.

*19 And my God will supply every need of yours according to his riches in glory in Christ Jesus.
(Philippians 4:19 ESV)*

Gratitude Changes Everything

- Our faith grows through testing.

6 In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, 7 so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ. (1 Peter 1:6–7 ESV)

Gratitude Changes Everything

- God's Word sustains us.

*105 Your word is a lamp to my feet and a light to my path.
(Psalm 119:105 ESV)*

Practical Applications

- Practice gratitude daily – thank God for both blessings & challenges.
- Lean on Scripture – read & meditate on one verse each day.
- Embrace solitude as sacred – use quiet moments for prayer & reflection.
- Trust God with unanswered questions – surrender what you don't understand.
- Encourage one another – remind fellow residents that they are never alone in Jesus.

Discussion Questions

- What trial in your life has taught you to trust God more deeply?
- How has God comforted you in times of loneliness?
- Why do you think gratitude is important even in difficult seasons?
- Which Scripture has sustained you “through it all”?
- How can we encourage one another in this community to depend on God’s Word?



Through It All