

IT IS WELL WITH MY SOUL

WORSHIP *is* WAR



The Point

Worship is how we fight our battles - by trusting God, praising Him, and standing firm in faith.

- Worship is a spiritual act of resistance.
- When we sing “It Is Well With My Soul,” we’re not ignoring pain - we’re declaring that Jesus holds us steady in the storm.
- Worship is how we fight fear, grief & doubt with faith, hope & peace.



The Battle Cry of Faith

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- Worship is not passive - it's how we fight back when life feels overwhelming.

21 And when he [King Jehoshaphat] had taken counsel with the people, he appointed those who were to sing to the Lord and praise him in holy attire, as they went before the army, and say, "Give thanks to the Lord, for his steadfast love endures forever." 22 And when they began to sing and praise, the Lord set an ambush against the men of Ammon, Moab, and Mount Seir, who had come against Judah, so that they were routed. (2 Chronicles 20:21–22 ESV)

The Battle Cry of Faith

- Singing “It Is Well” is a declaration: “My soul belongs to God, not to fear.”

*1 The Lord is my light and my salvation; whom shall I fear?
The Lord is the stronghold of my life; of whom shall I be
afraid? (Psalm 27:1 ESV)*

- Even in suffering, worship reminds us that God is still present.

*18 The Lord is near to the brokenhearted and saves the
crushed in spirit. (Psalm 34:18ESV)*

The Battle Cry of Faith

- The enemy wants silence - but worship lifts our voice in trust.

25 About midnight Paul and Silas were praying and singing hymns to God, and the prisoners were listening to them, 26 and suddenly there was a great earthquake, so that the foundations of the prison were shaken. And immediately all the doors were opened, and everyone's bonds were unfastened. (Acts 16:25–26 ESV)

- Worship is how we say, “I believe, even when I don’t see.”



ANCHORED
in GOD'S TRUTH

Anchored in God's Truth

- The hymn was written after deep personal tragedy, yet it proclaims peace.

*21 And he said, “Naked I came from my mother's womb,
and naked shall I return. The Lord gave, and the Lord
has taken away; blessed be the name of the Lord.”
(Job 1:21 ESV)*

Anchored in God's Truth

- Our peace doesn't come from circumstances - it comes from Jesus' promises.

27 Peace I leave with you; my peace I give to you. Not as the world gives do I give to you. Let not your hearts be troubled, neither let them be afraid. (John 14:27 ESV)

- Worship lifts our eyes from what's broken to what's eternal.

2 Set your minds on things that are above, not on things that are on earth. (Colossians 3:2 ESV)

Anchored in God's Truth

- In grief, worship says: “This is not the end. God is still good.” (Romans 8:28)
- Worship helps us remember: Heaven is real & hope is alive.

4 “He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away.” (Revelation 21:4 ESV)



AMAZING
GRACE

STRENGTH FOR THE JOURNEY

Strength the Journey

- Worship renews our strength when we feel weak or weary.

*31 but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.
(Isaiah 40:31 ESV)*

Strength the Journey

- It reminds us of God's faithfulness through every season of life.

*22 The steadfast love of the Lord never ceases; his mercies never come to an end; 23 they are new every morning; great is your faithfulness.
(Lamentations 3:22–23 ESV)*

Strength the Journey

- Singing together builds unity & courage in community.
19 addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, (Ephesians 5:19 ESV)

Strength the Journey

- Worship helps us process loss, change & aging with grace.

12 The righteous flourish like the palm tree and grow like a cedar in Lebanon. 13 They are planted in the house of the Lord; they flourish in the courts of our God. 14 They still bear fruit in old age; they are ever full of sap and green, (Psalm 92:12–14 ESV)

- It's a daily discipline that shapes our perspective & deepens our trust.

Practical Application

- Begin each morning by whispering “It is well with my soul.”
- Keep a hymnbook or devotional nearby for comfort.
- When anxious, sing or hum a worship song aloud.
- Share a favorite hymn with a neighbor or caregiver.
- Ask others to pray with you when you feel overwhelmed.
- Listen to worship music during quiet times or before bed.
- Reflect on past moments when God brought you through hardship.

Discussion Questions

- What does the phrase “It is well with my soul” mean to you personally?
- Have you ever experienced peace in the middle of a storm? What helped you?
- What hymn or worship song brings you comfort?
- How does worship help you face fear or uncertainty?
- What part of the hymn speaks most deeply to your heart?

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