# Follow Me

A Disciple Deepens in Their Faith

The Discipleship Journey

#### John 15 ESV

1 "I am the true vine, and my Father is the vinedresser. 2 Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. 3 Already you are clean because of the word that I have spoken to you. 4 Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. 5 I am the vine; you are the branches."

#### John 15 ESV

"Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. 6 If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. 7 If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. 8 By this my Father is glorified, that you bear much fruit and so prove to be my disciples."

#### John 15 ESV

9 "As the Father has loved me, so have I loved you. Abide in my love. 10 If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. 11 These things I have spoken to you, that my joy may be in you, and that your joy may be full."

#### The Point

A disciple grows closer to Jesus by staying connected to Him through God's Word, worship and prayer, and relationships with other believers.



#### Connect with Jesus

- Jesus is the True Vine—we are the branches.
- He is the only true source of life & growth.
- Abiding starts with God's Word living in us.
- Reading & studying the Bible shapes our desires & prayers.
- As we feed on the Word, our heart aligns more closely with God's heart.

### Connect with Jesus

- We don't read the Bible to earn love—we read because we are loved.
- God uses His Word to change us from the inside out.
- 12 For the word of God is living and active, sharper than any two-edged sword, piercing to the division of soul and of spirit, of joints and of marrow, and discerning the thoughts and intentions of the heart.

  (Hebrews 4:12 ESV)

# Worship & Prayer

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- Prayer is personal time with the King of the universe.
- We have the privilege of approaching God as His beloved children.
- Worship draws our focus to God's love & presence.
- Worship is not just an event—it is a relationship response.
- When we worship, we express our love & trust in the One who first loved us.

## Worship & Prayer

- Prayer helps us experience God's peace & power.
- Like breathing in His presence, prayer refreshes our soul.
- We rest in God's presence, not from work, but for His work.
- God initiated Sabbath before Adam worked; rest starts with God.

3 So God blessed the seventh day and made it holy, because on it God rested from all his work that he had done in creation. (Genesis 2:3 ESV)



## **Growing Together**

- We don't walk the Christian life alone.
  - 12 "This is my commandment, that you love one another as I have loved you." (John 15:12 ESV)
- Honest friendships help expose & heal hidden struggles.
  - 16 Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.

    (James 5:16 ESV)

# **Growing Together**

Fellow believers help us grow through encouragement & accountability.

24 And let us consider how to stir up one another to love and good works, 25 not neglecting to meet together, as is the habit of some, but encouraging one another, and all the more as you see the Day drawing near.

(Hebrews 10:24–25 ESV)

# **Growing Together**

- Discipleship is both relational & intentional.
- We grow when we are rooted in truth & connected to others.
- Fruit is produced, not manufactured.
- Fruit of the Spirit comes from staying connected to Jesus.

### **Practical Application**

- Read a short passage of Scripture daily & reflect on it.
- Pray each morning & night—even simple, honest prayers matter.
- Listen to worship music & sing along to express your love for God.
- Share with a friend what God is teaching you.
- Take a quiet walk & talk with Jesus like a friend.
- Confess struggles to someone you trust & ask for prayer.

### **Discussion Questions**

- What does it mean to you that Jesus is the "true vine"?
- How have you experienced God speaking to you through His Word?
- What helps you stay connected to Jesus through prayer?
- What are some "weights" or distractions in life that keep us from growing closer to Jesus?
- What fruit of the Spirit (love, peace, patience, etc.) have you seen grow in your life?

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