LIVING HOPE
DEMENTIA CAREGIVER
SUPPORT COMMUNITY

Agenda

- Welcome/Introductions & Opening Prayer - Dena
- Worship Music – *You Never Let Go (Guy Penrod)*
- Scripture Reading (Isaiah 40:28–31) - Ed
- Discussion Video – *His Grace is Enough: Strength When You're Weary* - Ed
- Open Discussion - Dena
- Prayer Requests - Sharon
- Closing & Prayer - Sharon

His
Grace
is
enough

Strength for the Weary

Changing Focus

Isaiah 40 ESV

28 Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. 29 He gives power to the faint, and to him who has no might he increases strength. 30 Even youths shall faint and be weary, and young men shall fall exhausted; 31 but they who wait for the Lord shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.

Main Idea

God is eternally powerful and wise, and He generously strengthens those who rely on Him - even when human strength fails.

God Never Gets Tired.

God Never Gets Tired

- The Lord is the everlasting God who does not grow tired.
- He will neither slumber nor sleep.

3 He will not let your foot be moved; he who keeps you will not slumber. 4 Behold, he who keeps Israel will neither slumber nor sleep (Psalm 121:3–4 ESV)

- He watches over us continually.

3 I, the Lord, am its keeper; every moment I water it. Lest anyone punish it, I keep it night and day; (Isaiah 27:3 ESV)

God Never Gets Tired

- The eyes of the Lord are everywhere.

3 The eyes of the Lord are in every place, keeping watch on the evil and the good. (Proverbs 15:3 ESV)

- Nothing in creation is hidden from God.

13 And no creature is hidden from his sight, but all are naked and exposed to the eyes of him to whom we must give account. (Hebrews 4:13 ESV)

The LORD RENEWS
YOUR STRENGTH

The Lord Renews Your Strength

- The Lord gives strength to the weary.
- We are to be strong & wait for Him.

14 Wait for the Lord; be strong, and let your heart take courage; wait for the Lord! (Psalm 27:14 ESV)

The Lord Renews Your Strength

- God's power is made perfect in our weakness.

9 But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me.
(2 Corinthians 12:9 ESV)

The Lord Renews Your Strength

- Paul tells us that we can do all things through Jesus.

13 I can do all things through him who strengthens me. (Philippians 4:13 ESV)

- God is our refuge & strength.

1 God is our refuge and strength, a very present help in trouble. (Psalm 46:1 ESV)

DIVINE
STRENGTH

Divine Strength

- We can be strong in the Lord & in His mighty power.

10 Finally, be strong in the Lord and in the strength of his might. (Ephesians 6:10 ESV)

- We have strength not by our might nor by our power, but by the Holy Spirit.

6 Then he said to me, "This is the word of the Lord to Zerubbabel: Not by might, nor by power, but by my Spirit, says the Lord of hosts." (Zechariah 4:6 ESV)

Divine Strength

- The Lord strengthens us & helps us.

10 fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.
(Isaiah 41:10 ESV)

Divine Strength

- The Lord is faithful and gives us the strength we need.

3 But the Lord is faithful. He will establish you and guard you against the evil one.
(2 Thessalonians 3:3 ESV)

Discussion Questions

- How does it comfort you to know that God never grows tired or loses sight of your situation as a caregiver?
- When you feel weary or discouraged, how do you personally wait on the Lord to renew your strength?
- In what ways have you experienced God's strength in moments when your own strength wasn’t enough?
- How do you remind yourself that caregiving is a spiritual calling that depends on God's power, not just your own effort?
- What practical ways can you build rest & renewal into your caregiving routine while trusting God to sustain you?

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