James 1 (ESV)

19 Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; 20 for the anger of man does not produce the righteousness of God. 21 Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls.

The Main Idea

Outbursts of anger reveal a serious heart condition.

Does the peace of Christ rule your heart?

Or is your anger ruling your life?

What Does God Think of You?

- Loved
- Saved
- Bothers & sisters in Jesus

"You Might Have Anger Issues If"

You Might Have Anger Issues If

- Social media
- Myers Brigg – JERK
- Nobody gets an excuse
- Be quick to hear & *slow to anger*/speak/tweet/ comment/repost - we are responsible for our response
- Root of anger of man – my expectations are unmet
- Does not produce righteousness

You Might Have Anger Issues If

- Unresolved anger leads to bitterness
- Satan uses anger of man as a toe hold
- Righteous anger results in righteous action – Jesus in the temple
- Get angry at the things that anger God
- Tim Keller – "love in motion to protect what I love most"

Do I trust God?

Do I trust God?

- Internal war
- Gospel– No condemnation
- Anti anger - fruit of the Spirit
- Feed the Spirit – Put off the old & put on the new (grace of God)
- Will power will not work
- Hand over the reins of my life to my Master

Do I trust God?

- Implant the Word of God
- Forgive one another - Mercy
- Pray to Jesus at the right hand of God who loves us

Questions

- What makes you angry, frustrated, or aggravated?
- What's the difference between sinful anger & righteous anger?
- What have you been angry about for so long that it has turned to bitterness?
- What makes bitterness so dangerous for us as believers?
- How would someone who knows you say you show your anger most of the time?
- How would you think, feel, pray & act differently if you were to trust God & surrender all your anger to Him?