

LIVING HOPE

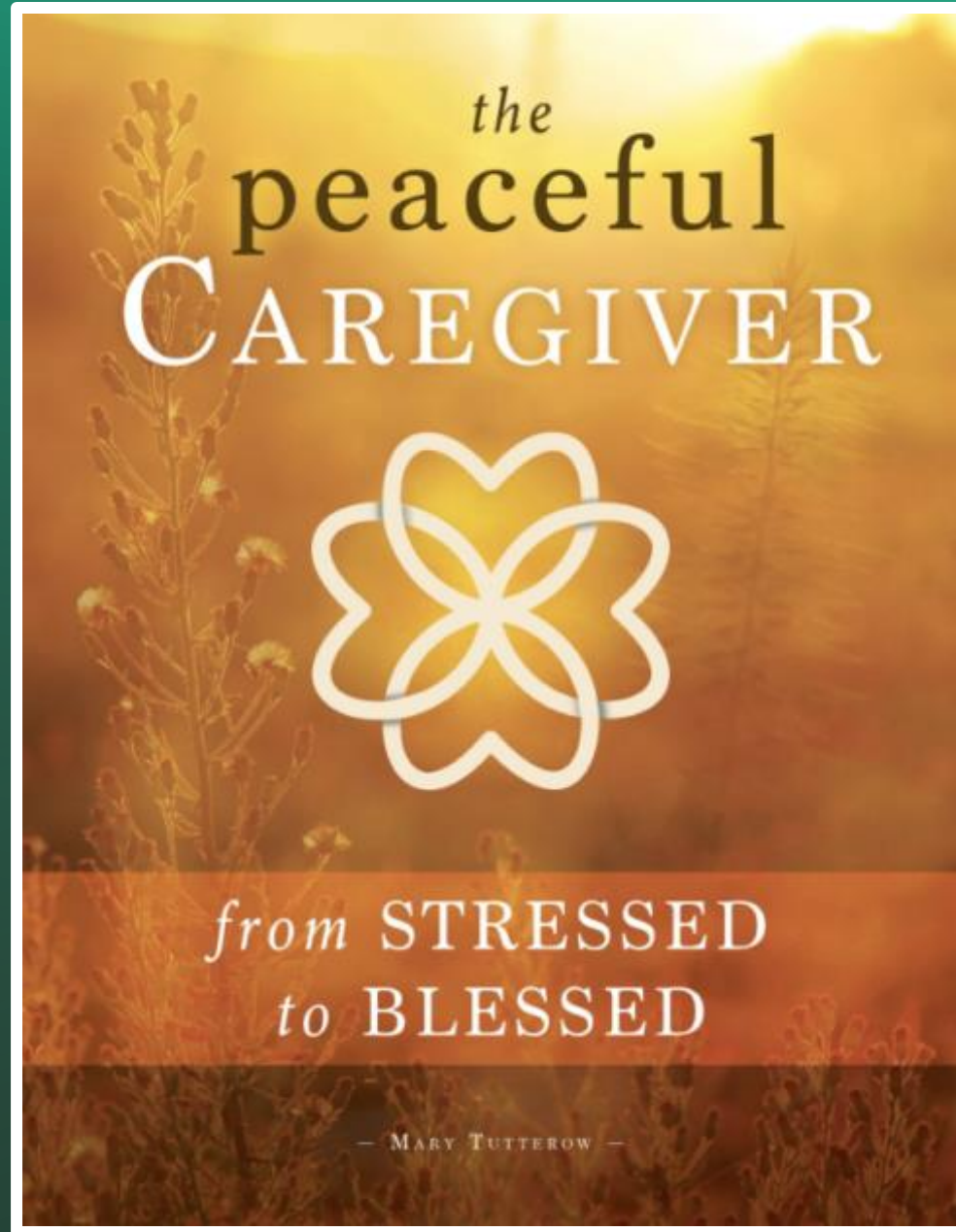
DEMENTIA CAREGIVER
SUPPORT COMMUNITY



Agenda

- Welcome/Introductions & Opening Prayer - Ed
- Worship Music – *Holy Spirit (Francesca Battistelli)*
- the Peaceful Caregiver Week 3 Video - Ed
- *Life in the Spirit* - Sharon
- Prayer Requests - Sharon
- Closing Prayer - TBD

Chapter 3



Life
In
The
Spirit

Galatians 5 (ESV)

16 But I say, walk by the Spirit, and you will not gratify the desires of the flesh. 17 For the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, to keep you from doing the things you want to do.



Why Am I Here?

- We are created in God's image for His purposes
- His will prevails in our life
- Our life & the life of our loved one are not a mistake
 - Where we are
 - What we are doing
 - The trials we are facing
- God's ways are not our ways
- He uses rejection, failure or defeat for His purposes

Changing Your Operating System



Changing Your Operating System

- World System
 - Based on lies
 - Ego driven
 - Full schedule
 - Always right
 - Acquiring more
 - High standards
 - Victimization

Changing Your Operating System

- God's System
 - Dying to self
 - Guided by the indwelling Spirit
 - Prioritize relationships
 - Accept limitations
 - Show God's love by helping others
 - Be grateful & content
 - Have permission to slow down, rest & listen to Him
- Changing systems takes faith (Microsoft vs Apple)

Discussion Questions

- What areas of your life do you see evidence of God's hand at work in your circumstances?
- What old habits, patterns, even plans have you had to let go of or change to be a caregiver?
- What specific ways could this new operating system help you make peace with caring for your loved one?
- What decisions are you facing right now that require you to trust Jesus & let His will be done?

Lord, I'm beginning to see that there is another way to perceive, another way to live. Making the changes from the old thoughts and patterns will be difficult, even scary. Hold me close. Let me see Your Spirit at work that I may learn to rest and trust more and more.

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