

A silhouette of a person stands on a dark, rocky shore, facing the ocean with their arms raised in a gesture of hope or triumph. The background is a warm, golden sunset over the water, with the sun low on the horizon. The entire scene is framed by a thin white border.

*LIVING HOPE*  
DEMENTIA CAREGIVER  
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# Agenda

- Welcome/Introductions & Opening Prayer – Sally
- Scripture Reading Psalm 127 - Ed
- Worship Music – *Build My Life (Pat Barrett)*
- Psalms Week 10 Video - Ed
- Discussion: *The Lord Builds the House*- Dena
- Prayer Requests - Sharon
- Closing Prayer – Sharon



**The Lord Builds the House**

## *Psalm 127 (ESV)*

*1 Unless the Lord builds the house, those who build it labor in vain. Unless the Lord watches over the city, the watchman stays awake in vain. 2 It is in vain that you rise up early and go late to rest, eating the bread of anxious toil; for he gives to his beloved sleep. 3 Behold, children are a heritage from the Lord, the fruit of the womb a reward. 4 Like arrows in the hand of a warrior are the children of one's youth. 5 Blessed is the man who fills his quiver with them! He shall not be put to shame when he speaks with his enemies in the gate.*



**The Lord Builds the House**

## Questions

- How do find rest in the Lord during your caregiving challenges?
- How do you balance relying on your strengths & on God's strength as you care for your loved one?
- Where have you've seen God's hand at work in your caregiving tasks?
- How has God equipped you for your caregiving battles?

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