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Micah 6 (ESV)

6 With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? 7 Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul? 8 He has told you, O man, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

3

Theme

Goodness becomes a habit when private actions reflect God's character.

- Goodness in caregiving is rarely loud or public.
- It shows up in the quiet, unseen moments when we choose honesty, protect dignity & act with compassion even when no one is watching.
- This is the kind of goodness that reflects the heart of God & strengthens both us & our loved one.

4

Biblical Goodness

- Biblical goodness is not merely being “nice”; it is the visible expression of God’s holiness, compassion & truth lived out through His people.
- It chooses what is right even when it is hard.
- It stands firm in integrity, making decisions that honor God even when they are costly, inconvenient, or unnoticed.

5

Biblical Goodness

- Biblical goodness protects & uplifts the vulnerable.
- Scripture consistently shows God’s heart for the weak & goodness mirrors that heart by defending, comforting & caring for those who cannot care for themselves.
- It flows from a transformed heart.
- As a fruit of the Spirit, it is produced not by human effort but by God shaping our attitudes, motives & actions from the inside out.

6

Biblical Goodness

- Biblical goodness brings glory to God through everyday actions.
- Even small, unseen acts of faithfulness shine the light of Jesus & point others to His goodness.

7

*Goodness is doing what honors
God when no one sees*



8

Doing What Honors God When No One Sees

1 O Lord, who shall sojourn in your tent? Who shall dwell on your holy hill? 2 He who walks blamelessly and does what is right and speaks truth in his heart; (Psalm 52:1-2 ESV)

- Goodness begins in the heart, where motives are shaped by God's presence rather than human applause.

9

Doing What Honors God When No One Sees

- Goodness chooses honesty in medical decisions.
- Even when choices are complicated, goodness seeks truth, clarity & what is genuinely best for our loved one.
- It protects our loved one's dignity.
- We honor God when we preserve modesty, respect privacy & speak gently about our loved one's limitations.

10

Doing What Honors God When No One Sees

- Goodness avoids complaining or gossiping.
- Integrity guards our words, especially when frustration rises or others misunderstand our situation.
- Goodness reflects Jesus in unseen moments.
- The private places of caregiving become holy ground where Christlike character is formed.

11

Goodness protects the vulnerable.



12

Goodness Protects the Vulnerable

8 Open your mouth for the mute, for the rights of all who are destitute. 9 Open your mouth, judge righteously, defend the rights of the poor and needy. (Proverbs 31:8–9 ESV)

- God calls us to speak for those who cannot.
- Dementia often silences a person's ability to express needs; goodness becomes their voice.

13

Goodness Protects the Vulnerable

- Goodness advocates for proper care.
- We stand in the gap, ensuring medical teams, facilities, & family understand what our loved one needs.
- It ensures safety & comfort - From medication to mobility, goodness pays attention to the small details that protect well-being.

14

Goodness Protects the Vulnerable

- Goodness respects boundaries & privacy - Even when memory fades, our loved one remains fully human, deserving of respect.
- It honors the image of God.
- Every act of care becomes an act of worship when we see our loved one as God sees them.

15

*Goodness strengthens
trust and stability.*



16

Goodness Strengthens Trust and Stability

16 In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven. (Matthew 5:16 ESV)

- Goodness builds confidence in our caregiving.
- Consistent integrity helps our loved one feel safe, even when they cannot articulate it.

17

Goodness Strengthens Trust and Stability

- Goodness fosters peace in the home - A gentle, steady presence creates emotional stability for everyone involved.
- It encourages family unity - When others see our faithfulness, it inspires cooperation rather than conflict.
- It inspires others - Our quiet example becomes a testimony to neighbors, friends & medical staff.
- Goodness glorifies God - Every unseen act becomes a light pointing others to Jesus.

18

Discussion Questions

- What unseen caregiving actions require the most integrity.
- How do you protect your loved one's dignity?
- What does goodness look like in difficult decisions?
- How does goodness strengthen your witness?
- Where is God calling you to deeper goodness?

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