LIVING HOPE
DEMENTIA CAREGIVER
SUPPORT COMMUNITY

Agenda

- Welcome/Introductions & Opening Prayer - Sharon
- Worship Music – *There Was Jesus (Zach Williams & Dolly Parton)*
- Scripture Reading (John 11:1–44 ESV) - Dena
- Teaching Video – *His Grace is Enough: Jesus Wept* - Dena
- Open Discussion - Dena
- Prayer Requests - Sharon
- Closing & Prayer - Sharon

His
Grace
is
enough

Jesus wept.

John 11:1-44 ESV

- Lazarus, brother of Mary & Martha, is seriously ill in Bethany.
- The sisters send a message to Jesus saying, “Lord, he whom you love is ill.”
- Jesus stays two more days, saying the illness is “for the glory of God.”
- Martha meets Jesus & says, “If you had been here, my brother would not have died.”

John 11:1-44 ESV

- Jesus declares, “I am the resurrection and the life. Whoever believes in me… shall never die.”
- Mary falls at Jesus’ feet, echoing Martha’s sorrow.
- Jesus is moved by their mourning showing deep emotion.
- Jesus asks for the stone to be removed & prays aloud, then cries out, “Lazarus, come out!”
- Lazarus emerges, still bound in burial cloths; Jesus says, “Unbind him, and let him go.”

Main Idea

Jesus is present in our pain. He feels it, enters it, and brings hope through it.

JESUS
UNDERSTANDS
HOW YOU FEEL

Jesus Understands How You Feel

- Jesus does not stand apart from our pain - He steps into it.
- His tears at Lazarus' tomb show that He understands the heartache of loss & the strain of sorrow.
- For caregivers, this means Jesus feels the emotional & physical burden we carry daily.
- His tears validate ours.

Jesus wept. (John 11:35 ESV)

Jesus Understands How You Feel

- Jesus is not distant—He shares in our grief.
- Jesus knows the depths of sorrow firsthand.

3 He was despised and rejected by men, a man of sorrows and acquainted with grief; and as one from whom men hide their faces he was despised, and we esteemed him not. (Isaiah 53:3 ESV)

- As caregivers we can take comfort in knowing He understands suffering intimately.

Jesus Understands How You Feel

- Our exhaustion, sadness & fear are not hidden from Him - they matter.

15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin. (Hebrews 4:15 ESV)

Jesus Understands How You Feel

- Every tear you cry is seen & remembered by God - your sorrow is sacred to Him.

8 You have kept count of my tossings; put my tears in your bottle. Are they not in your book?
(Psalm 56:8 ESV)

The
Compassion
of Jesus

The Compassion of Jesus

- Jesus is not merely aware of our pain - He is moved by it.
- His compassionate heart leads Him to act, comfort & be present.
- He understands what it's like to see a loved one suffering.
- Our distress stirs His heart as well.

33 When Jesus saw her weeping, and the Jews who had come with her also weeping, he was deeply moved in his spirit and greatly troubled. (John 11:33 ESV)

The Compassion of Jesus

- Jesus sees how overwhelmed & exhausted we feel & responds with compassion, not judgment.

36 When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. (Matthew 9:36 ESV)

- Jesus responds tenderly to the grieving.

13 And when the Lord saw her, he had compassion on her and said to her, "Do not weep." (Luke 7:13 ESV)

The Compassion of Jesus

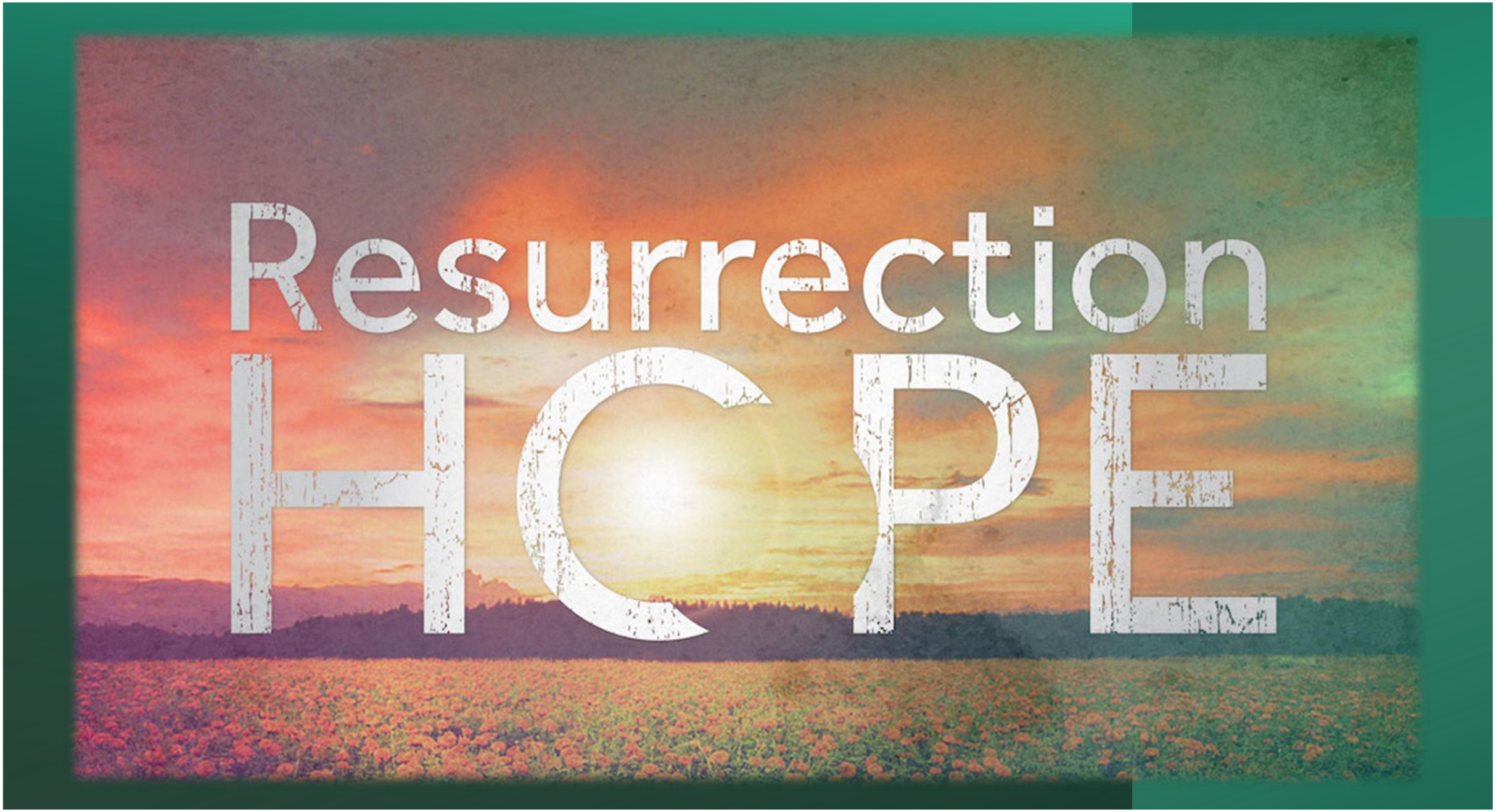
- God promises comfort, even in the middle of long, hard seasons of caregiving.

13 Sing for joy, O heavens, and exult, O earth; break forth, O mountains, into singing! For the Lord has comforted his people and will have compassion on his afflicted. (Isaiah 49:13 ESV)

The Compassion of Jesus

- God's compassion is personal & parental - He tends to us like a loving Father.

13 As a father shows compassion to his children, so the Lord shows compassion to those who fear him. (Psalm 103:13 ESV)


Resurrection
HOPE

Resurrection Hope

- Even in the darkest situations, Jesus brings life, renewal & the promise of something greater.
- For caregivers walking through the valley of illness or aging, Jesus' resurrection power brings enduring hope.
- Jesus doesn't just offer hope - He is hope.

25 Jesus said to her, "I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live," (John 11:25 ESV)

Resurrection Hope

- Even now, in the hardship of caregiving, God offers spiritual renewal & purpose.

4 We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life (Romans 6:4 ESV)

Resurrection Hope

- There is hope beyond the grave - for our loved ones & us.

14 For since we believe that Jesus died and rose again, even so, through Jesus, God will bring with him those who have fallen asleep. (1 Thessalonians 4:14 ESV)

- You may feel like you're losing battles every day, but in Jesus, the war is already won.

57 But thanks be to God, who gives us the victory through our Lord Jesus Christ. (1 Corinthians 15:57 ESV)

Resurrection Hope

- Our future is secure in Jesus – There will be no more pain, sorrow, or death.

4 He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away. (Revelation 21:4 ESV)

Discussion Questions

- How does it encourage you to know that Jesus wept over the death of Lazarus?
- In what ways have you experienced God's compassion during your caregiving journey?
- How can we hold on to the hope of resurrection even while facing daily struggles & exhaustion?
- What does it mean to you that Jesus understands your grief & carries it with you?

Jesus wept.

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