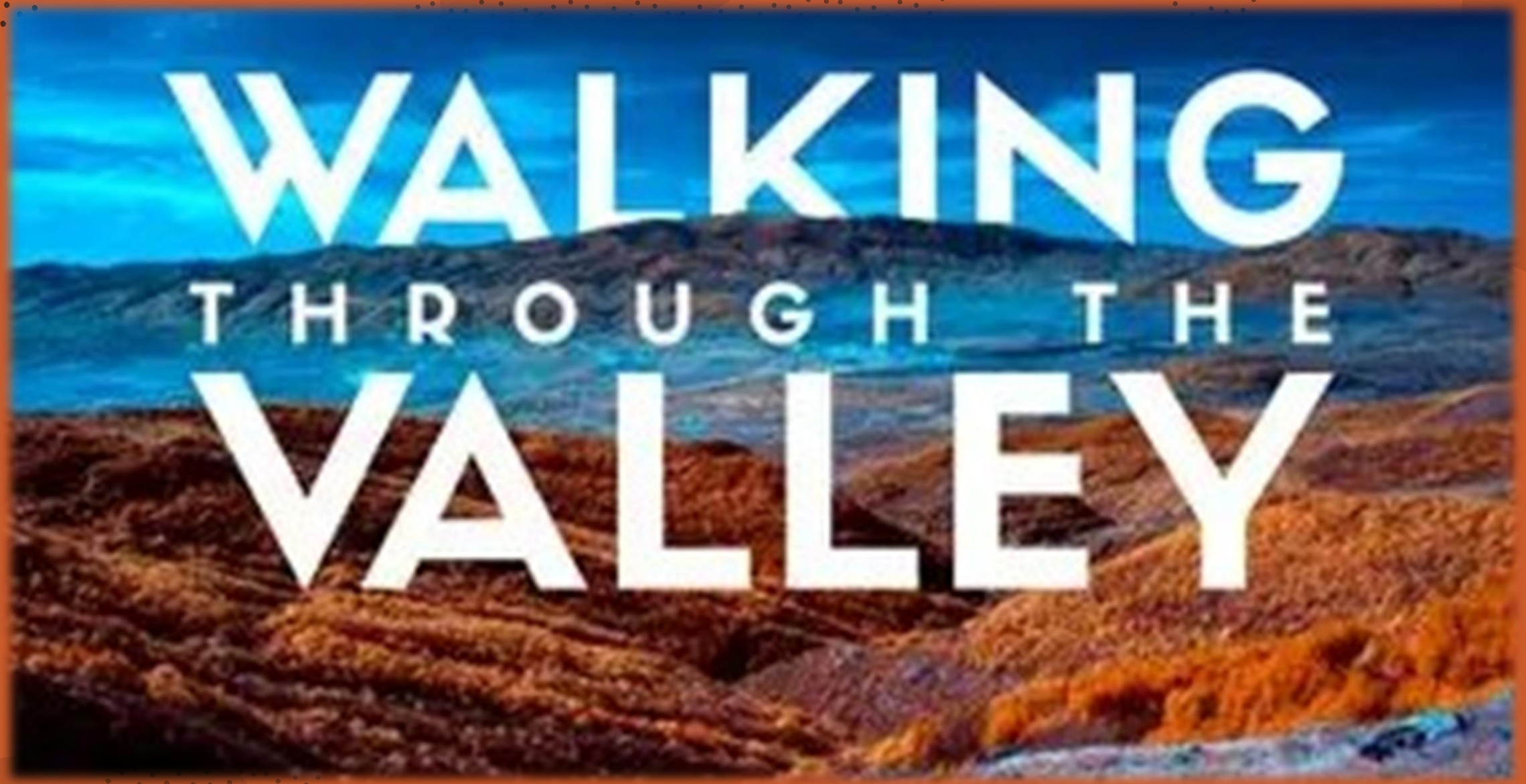
LIVING HOPE
DEMENTIA CAREGIVER
SUPPORT COMMUNITY

Agenda

- Welcome/Introductions & Opening Prayer - Dena
- Worship Music – *Hold On To Me - Lauren Daigle*
- Scripture Reading (Psalm 23:1–6 ESV) - Ed
- Teaching Video – *His Grace is Enough: Walking Through the Valley* - Ed
- Open Discussion - Dena
- Prayer Requests - Sharon
- Closing & Prayer - Sharon


WALKING
THROUGH THE
VALLEY

Psalm 23 (ESV)

1 The Lord is my shepherd; I shall not want. 2 He makes me lie down in green pastures. He leads me beside still waters. 3 He restores my soul. He leads me in paths of righteousness for his name's sake. 4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. 6 Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord forever.

Main Idea

God’s grace is enough to carry caregivers through the valley of sorrow, uncertainty, and fatigue - because the Lord, our Good Shepherd, never leaves us and lovingly walks with us every step of the way.

GOD IS WITH YOU
IN GOOD & BAD TIMES

God is With You in Good & Bad Times

- When the Lord is my Shepherd; I lack nothing.
- I will fear no evil, for He is with me.
- God is with us through the waters & fire.

2 When you pass through the waters, I will be with you;
and through the rivers, they shall not overwhelm you;
when you walk through fire you shall not be burned,
and the flame shall not consume you.
(Isaiah 43:2 ESV)

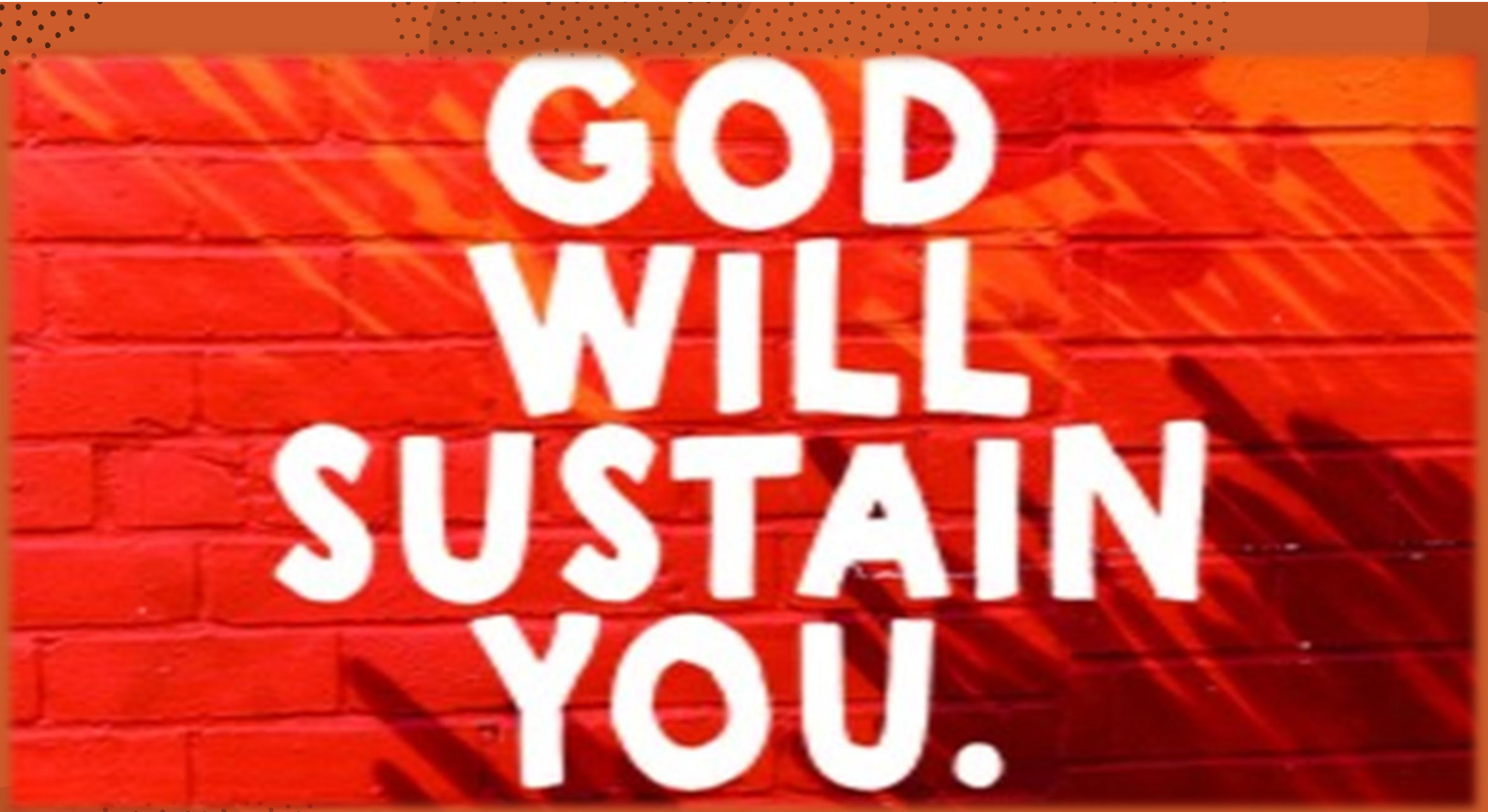
God is With You in Good & Bad Times

- God will never leave or forsake you.

5 Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." (Hebrews 13:5 ESV)

- Be strong & courageous - God is with you.

9 "Have I not commanded you? Be strong and courageous. Do not be frightened, and do not be dismayed, for the Lord your God is with you wherever you go." (Joshua 1:9 ESV)


GOD
WILL
SUSTAIN
YOU.

God Will Sustain You

- The God who watches over you will not slumber.

3 He will not let your foot be moved; he who keeps you will not slumber. (Psalm 121:3 ESV)

- The Good Shepherd lays down His life.

11 I am the good shepherd. The good shepherd lays down his life for the sheep. (John 10:11 ESV)

God Will Sustain You

- God leads in strength & redeems.

13 "You have led in your steadfast love the people whom you have redeemed; you have guided them by your strength to your holy abode." (Exodus 15:13 ESV)

God Cares for the
Caregivers

God Cares for the Cargivers

- God’s goodness & mercy will follow me.
- His mercies are new every morning.

22 The steadfast love of the Lord never ceases; his mercies never come to an end; 23 they are new every morning; great is your faithfulness.
(Lamentations 3:22–23 ESV)

God Cares for the Caregivers

- God works all things for good.

28 And we know that for those who love God all things work together for good, for those who are called according to his purpose. (Romans 8:28 ESV)

- Every good gift comes from above.

17 Every good gift and every perfect gift is from above, coming down from the Father of lights, with whom there is no variation or shadow due to change. (James 1:17 ESV)

God Cares for the Caregivers

- God’s love is with those who fear Him.

17 But the steadfast love of the Lord is from everlasting to everlasting on those who fear him, and his righteousness to children's children,
(Psalm 103:17 ESV)

Discussion Questions

- What part of Psalm 23 brings you the most comfort in your caregiving journey? Why?
- How have you experienced God's presence during especially hard days?
- In what ways has God provided “green pastures” or “still waters” for you during your time as a caregiver?
- What does it mean to you that God promises never to leave or forsake you (Hebrews 13:5)?

Discussion Questions

- How can we encourage each other to trust in God’s mercy & goodness during our exhaustion or grief?
- How has your role as a caregiver deepened your understanding of God’s steadfast love & faithfulness?

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