

LIVING HOPE

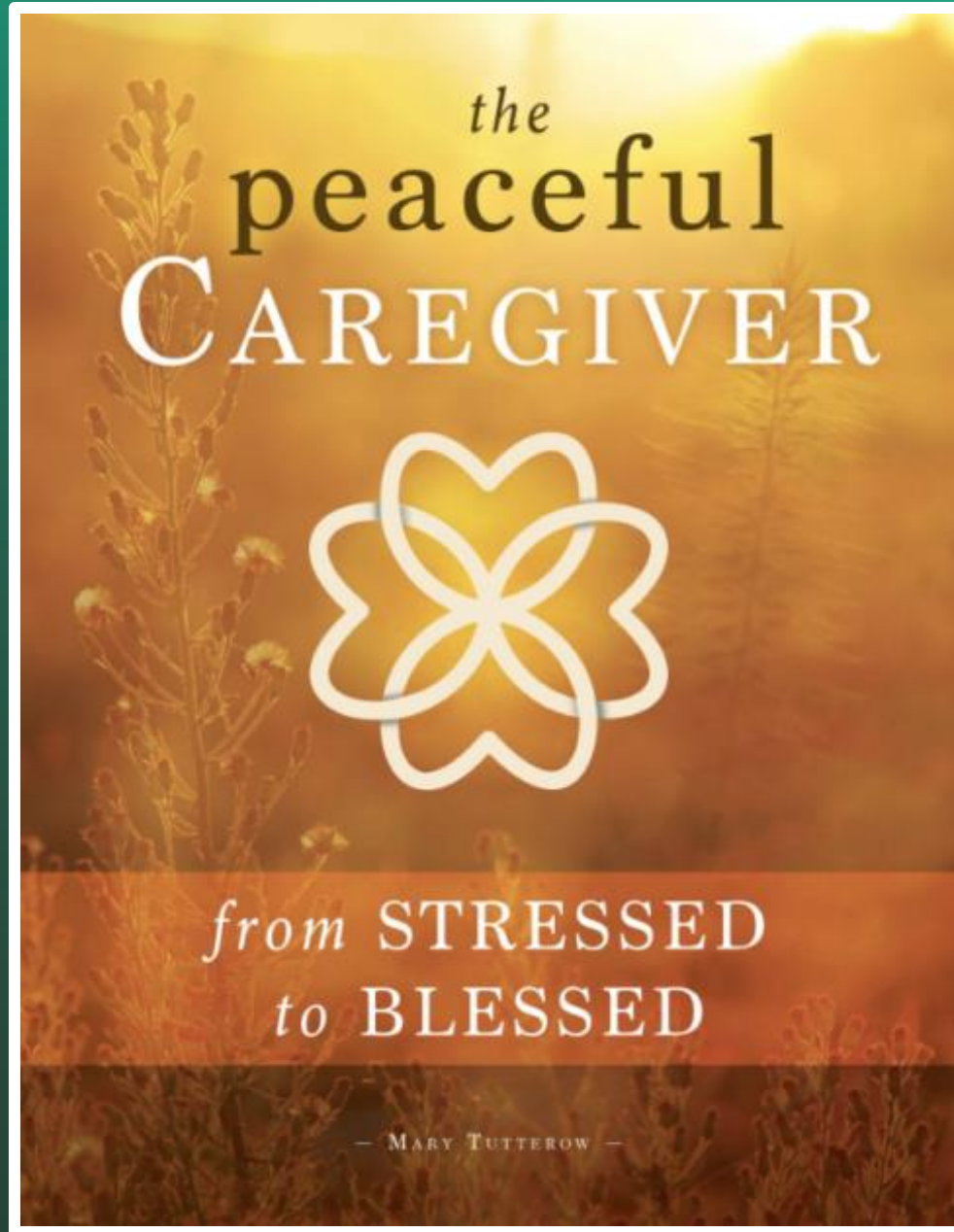
DEMENTIA CAREGIVER
SUPPORT COMMUNITY



Agenda

- Welcome/Introductions & Opening Prayer – Sharon
- Worship Music – *If We Are the Body (Casting Crowns)*
- the Peaceful Caregiver Week 8 Video - Ed
- *Peace with Others* - Dena
- Prayer Requests - Sharon
- Closing Prayer - Sharon

Chapter 8



Peace
With
Others

Colossians 3:15 (ESV)

15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

SLANG FOR ANNOYING PERSON

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Pain in the neck: Highly irritating individual.

Nuisance: Someone bothersome or disruptive.

Pest: Constantly Annoying Person.

Buzzkill: Ruins fun or excitement.

Debbie Downer: Always negative or pessimistic.

Wet blanket: Stops others from enjoying.

Party pooper: Ruins a fun occasion.

Killjoy: Destroys others' happiness.

Drag: Boring, unexciting person.

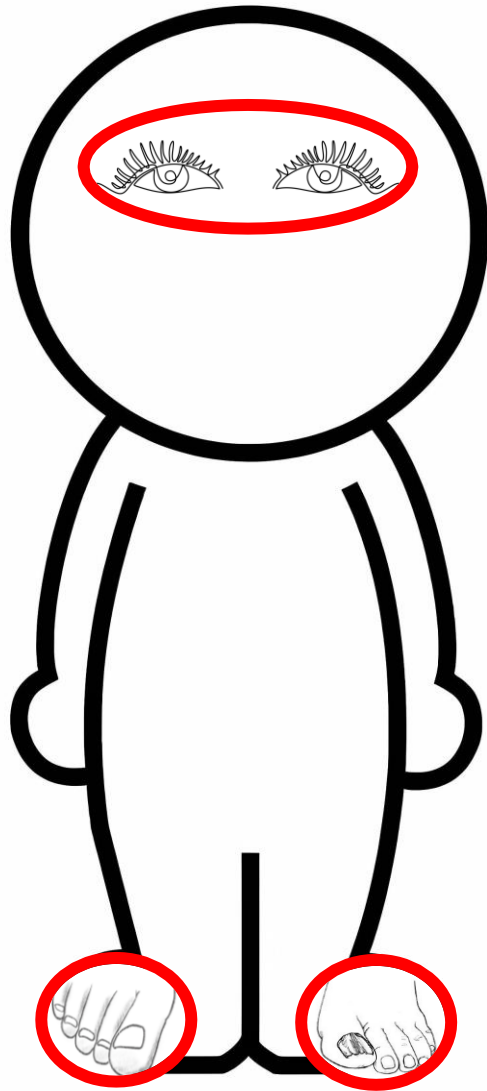
Nag: Constantly complains or demands.

Other People

- Can be the greatest reason we lack peace
- We will never have peace if we require an apology
- We must be willing to forgive others
- We are all unique & have unique gifts
- Other's uniqueness can highlight our weaknesses
- We are all connected as members of the body of Christ
- Our relationships with other strengthens the body
- Broken relationships are like cancer

The Body of Christ

- Each part of the body has a different function
 - Eyes – Soft & supple
 - Toenails – Hard
- One part should not criticize another part
- Peace through the Spirit holds the body together



APATHY

OBLIVION



FORGIVENESS

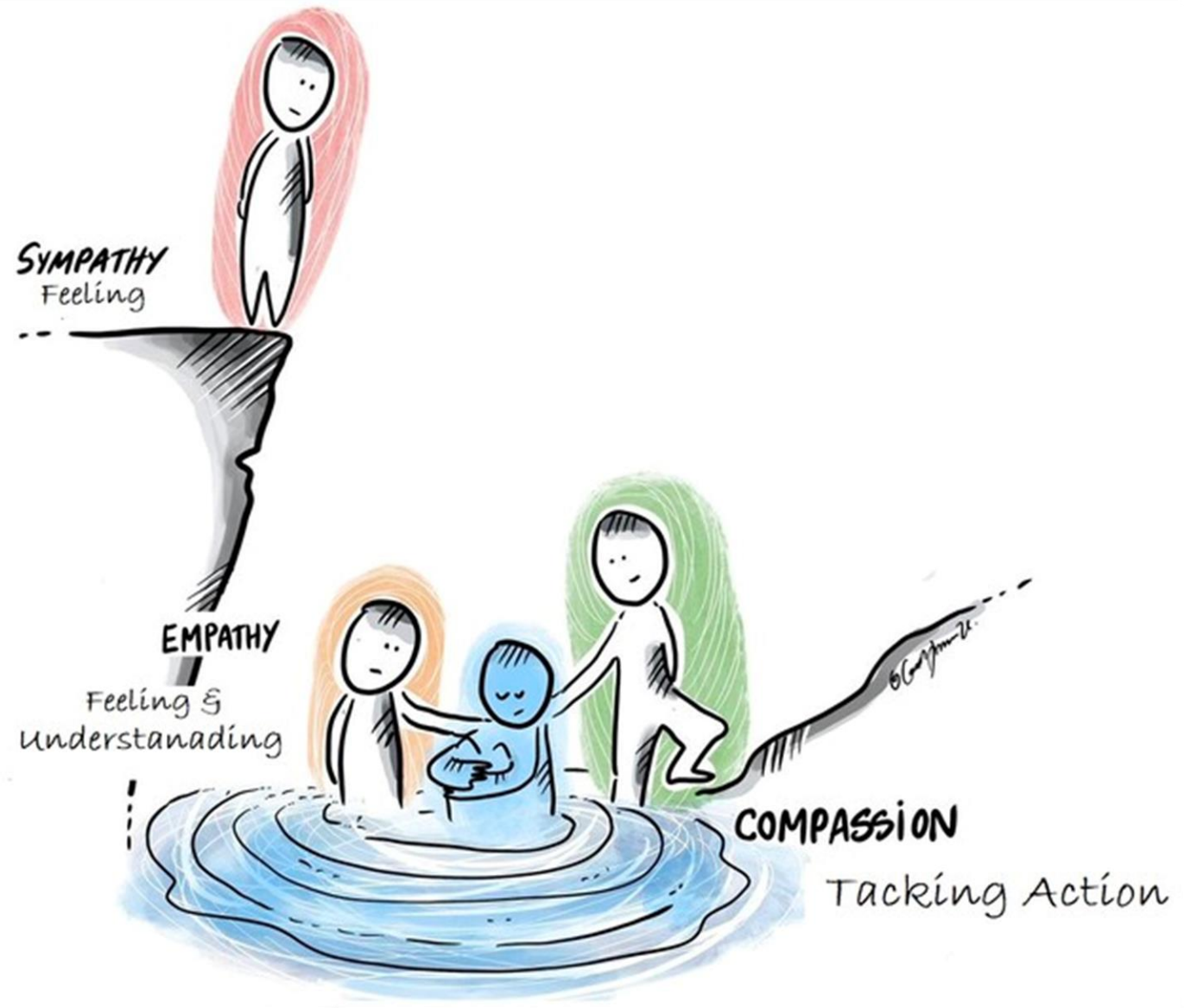
ACCEPTANCE

SYMPATHY

EMPATHY

COMPASSION

LOVE



Discussion Questions

- What strategies have you found effective in maintaining peace with your loved one or others around you when they become challenging or difficult to deal with?
- In what ways can we value the unique contributions of every member of the body of Christ?
- How does this perspective help in your caregiving role?
- What are some practical ways to cultivate empathy & compassion in your interactions with your loved one and others in your life?

Lord, I've allowed myself to become offended by my brothers and sisters. I've held grudges and swore I'd never forgive or forget. I now see why Jesus tells us to forgive. I'm hurting myself and grieving Your Holy Spirit. I may not be able to forget, but Lord, please help me to forgive so that I may be a source of healing and experience peace.

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