



When you walk through a storm Hold your head up high And don't be afraid of the dark. At the end of the storm Is a golden sky And the sweet silver song of a lark.

Walk on through the wind
Walk on through the rain
Though your dreams be tossed and blown.

Walk on, walk on
With hope in your heart
And you'll never walk alone
You'll never walk alone

As believers, we never walk alone - God is with us through every trial, offering His presence, strength, and eternal hope.



- God walks with us in every trial & transition.
  - 2 When you pass through the waters, I will be with you; and through the rivers, they shall not overwhelm you; when you walk through fire you shall not be burned, and the flame shall not consume you. (Isaiah 43:2 ESV)
- The Lord is our constant companion.
- 4 Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me; your rod and your staff, they comfort me. (Psalm 23:4 ESV)

- Jesus promises to be with us always.
  - 20 "teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age." (Matthew 28:20 ESV)
- God's presence brings peace in the storm.
- 39 And he awoke and rebuked the wind and said to the sea, "Peace! Be still!" And the wind ceased, and there was a great calm. 40 He said to them, "Why are you so afraid? Have you still no faith?" (Mark 4:39-40 ESV)

• The Holy Spirit is our Comforter & guide.

16 "And I will ask the Father, and he will give you another Helper, to be with you forever, 17 even the Spirit of truth, whom the world cannot receive, because it neither sees him nor knows him. You know him, for he dwells with you and will be in you." (John 14:16-17 ESV)

- Even in senior years, God carries us.
  - 4 even to your old age I am he, and to gray hairs I will carry you. I have made, and I will bear; I will carry and will save. (Isaiah 46:4 ESV)
- We are never forsaken, no matter how we feel.
- 5 Keep your life free from love of money, and be content with what you have, for he has said, "I will never leave you nor forsake you." (Hebrews 13:5 ESV)

- God draws near to the brokenhearted.
  - 18 The Lord is near to the brokenhearted and saves the crushed in spirit. (Psalm 34:18 ESV)
- God gives songs in the night.
  - 10 But none says, "Where is God my Maker, who gives songs in the night," (Job 35:10 ESV)

Jesus knows our journey firsthand.

15 For we do not have a high priest who is unable to sympathize with our weaknesses, but one who in every respect has been tempted as we are, yet without sin.

(Hebrews 4:15 ESV)

# IN THE MIDST OF TRIALS

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Faith gives us courage to face the unknown.

7 for we walk by faith, not by sight. (2 Corinthians 5:7 ESV)

- Faith trusts God even in suffering.
  - 3 Not only that, but we rejoice in our sufferings, knowing that suffering produces endurance, 4 and endurance produces character, and character produces hope, (Romans 5:3-4 ESV)

We are refined by trials like gold.

6 In this you rejoice, though now for a little while, if necessary, you have been grieved by various trials, 7 so that the tested genuineness of your faith—more precious than gold that perishes though it is tested by fire—may be found to result in praise and glory and honor at the revelation of Jesus Christ. (1 Peter 1:6-7 ESV)

- The righteous live by faith.
  - 4 "Behold, his soul is puffed up; it is not upright within him, but the righteous shall live by his faith."

    (Habakkuk 2:4 ESV)
- Faith pleases God.

6 And without faith it is impossible to please him, for whoever would draw near to God must believe that he exists and that he rewards those who seek him.

(Hebrews 11:6 ESV)

• Faith is our shield in spiritual battles.

16 In all circumstances take up the shield of faith, with which you can extinguish all the flaming darts of the evil one; (Ephesians 6:16 ESV)

• Faith focuses on God's promises, not fear.

10 fear not, for I am with you; be not dismayed, for I am your God; I will strengthen you, I will help you, I will uphold you with my righteous right hand.

(Isaiah 41:10 ESV)

Faith leads us to pray & wait with hope.

14 Wait for the Lord; be strong, and let your heart take courage; wait for the Lord! (Psalm 27:14 ESV)

Faith stands firm through life's storms.

24 "Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock. 25 And the rain fell, and the floods came, and the winds blew and beat on that house, but it did not fall, because it had been founded on the rock."

(Matthew 7:24-25 ESV)

Faith leads to eternal life.

16 "For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life." (John 3:16 ESV)



- God promises joy after sorrow.
  - 5 For his anger is but for a moment, and his favor is for a lifetime. Weeping may tarry for the night, but joy comes with the morning. (Psalm 30:5 ESV)
- Heaven is a place of no more tears.
- 4 "He will wipe away every tear from their eyes, and death shall be no more, neither shall there be mourning, nor crying, nor pain anymore, for the former things have passed away." (Revelation 21:4 ESV)

Our hope is anchored in Jesus.

19 We have this as a sure and steadfast anchor of the soul, a hope that enters into the inner place behind the curtain, (Hebrews 6:19 ESV)

- Jesus prepares a place for us.
- 2 In my Father's house are many rooms. If it were not so, would I have told you that I go to prepare a place for you? 3 And if I go and prepare a place for you, I will come again and will take you to myself, that where I am you may be also. (John 14:2-3 ESV)
- Eternal life is a gift through Jesus.
  - 23 For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. (Romans 6:23 ESV)

- Our future is secure in Him.
- 3 Blessed be the God and Father of our Lord Jesus Christ! According to his great mercy, he has caused us to be born again to a living hope through the resurrection of Jesus Christ from the dead, 4 to an inheritance that is imperishable, undefiled, and unfading, kept in heaven for you, (1 Peter 1:3-4 ESV)

- We look forward to a new heaven & new earth.
  - 13 But according to his promise we are waiting for new heavens and a new earth in which righteousness dwells.

    (2 Peter 3:13 ESV)
- The crown of life awaits the faithful.
- 12 Blessed is the man who remains steadfast under trial, for when he has stood the test he will receive the crown of life, which God has promised to those who love him.

  (James 1:12 ESV)

Jesus will return to bring us home.

16 For the Lord himself will descend from heaven with a cry of command, with the voice of an archangel, and with the sound of the trumpet of God. And the dead in Christ will rise first. 17 Then we who are alive, who are left, will be caught up together with them in the clouds to meet the Lord in the air, and so we will always be with the Lord. (1 Thessalonians 4:16-17 ESV)

We walk toward the light of eternity.

105 Your word is a lamp to my feet and a light to my path.
(Psalm 119:105 ESV)

## **Practical Applications**

- Begin your day in prayer, thanking God for His constant presence, especially in the quiet moments of senior living.
- Share your story of faith with a fellow resident or caregiver, encouraging them that they're not alone.
- Play or sing hymns or songs like "You'll Never Walk Alone" to remind yourself & others of God's faithfulness.
- Ask God to strengthen your faith, especially during moments of physical or emotional weakness.

# **Practical Applications**

- Display a reminder verse in your room (e.g., Psalm 23:4 the valley of the shadow of death) as a daily encouragement.
- Talk to your family or caregivers about the hope of heaven
   your trust in God, encouraging faith across generations.

## **Discussion Questions**

- What storms or challenges in your life have made you feel alone? How did you experience God's presence in those times?
- How does remembering that Jesus never leaves us affect your daily life & attitude?
- Why is it important for us to talk about eternal hope, especially in our later years?
- What are some ways we can strengthen our faith when our bodies & minds may feel weaker?



