

Romans 8 (ESV)

12 So then, brothers, we are debtors, not to the flesh, to live according to the flesh. 13 For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. 14 For all who are led by the Spirit of God are sons of God. 15 For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!"

1

The Point

We are no longer slaves to sin or fear, but through Jesus and the Spirit we are adopted as God's children.

2

Freedom From
Condemnation
&
Sin



3

Freedom From Condemnation & Sin

- In Jesus, there is no condemnation, for He has set us free from sin & death.
- 8 There is therefore now no condemnation for those who are in Christ Jesus. 2 For the law of the Spirit of life has set you[b] free in Christ Jesus from the law of sin and death. (Romans 8:1–2 ESV)*
- We are no longer debtors to the flesh, for the Spirit empowers us to live in righteousness. (Romans 8:12- 13)

4

Freedom From Condemnation & Sin

- Sin no longer has dominion over us, because we are under grace, not law.

14 For sin will have no dominion over you, since you are not under law but under grace. (Romans 6:14 ESV)

- Through Jesus' sacrifice, we are cleansed & forgiven, made new creations in Him.

17 Therefore, if anyone is in Christ, he is a new creation. The old has passed away; behold, the new has come. (2 Corinthians 5:17 ESV)

5

Freedom From Condemnation & Sin

- Jesus bore our sins on the cross so that we might live in freedom & righteousness.

24 He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed. (1 Peter 2:24 ESV)

6



**FREEDOM
FROM FEAR**

7

Freedom From Fear

- God has not given us a spirit of fear, but of power, love, & self-control. (2 Timothy 1:7)
- Perfect love casts out fear, for fear has to do with punishment, but we are secure in Jesus.

18 There is no fear in love, but perfect love casts out fear. For fear has to do with punishment, and whoever fears has not been perfected in love. (1 John 4:18 ESV)

8

Freedom From Fear

- The Lord is our light & salvation; we need not fear anyone or anything.

1 The Lord is my light and my salvation; whom shall I fear? The Lord is the stronghold of my life; of whom shall I be afraid? (Psalm 27:1 ESV)

- Even when walking through the valley of the shadow of death, we fear no evil, for God is with us. (Psalm 23:4)

9

Freedom From Fear

- Jesus assures us not to be afraid, for the Father delights to give us His kingdom.

32 “Fear not, little flock, for it is your Father's good pleasure to give you the kingdom.” (Luke 12:32 ESV)

10



11

Adopted Into God's Family

- All who are led by the Spirit of God are His sons & daughters. (Romans 8:14)
- We have received the Spirit of adoption, by whom we cry, “Abba, Father”. (Romans 8:15)
- As children of God, we are heirs of God and co-heirs with Jesus. (Romans 8:17)

12

Adopted Into God's Family

- In Jesus, there is neither Jew nor Greek, slave nor free, male nor female—we are all one family.

26 for in Christ Jesus you are all sons of God, through faith. 27 For as many of you as were baptized into Christ have put on Christ. 28 There is neither Jew nor Greek, there is neither slave[a] nor free, there is no male and female, for you are all one in Christ Jesus. (Galatians 3:26–28 ESV)

13

Adopted Into God's Family

- God's lavish love has made us His children & that is our true identity.

I See what kind of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. (1 John 3:1 ESV)

14

Practical Application

- Pray daily with confidence as God's child.
- Release guilt or regret from past mistakes, remembering there is no condemnation in Jesus.
- Encourage another resident with words of hope & freedom from fear.
- Practice gratitude by thanking God for His indwelling Spirit.
- Offer forgiveness to someone who has hurt you, reflecting God's grace.
- Face challenges with courage (health, loneliness, loss) by declaring, "I am a child of God."

15

Discussion Questions

- What does it mean to you personally that there is "no condemnation" in Jesus?
- How has fear affected your life, and how does God's Spirit help you overcome it?
- What does adoption into God's family mean for seniors who may feel forgotten or alone?
- How can we remind each other daily that we are children of God?

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