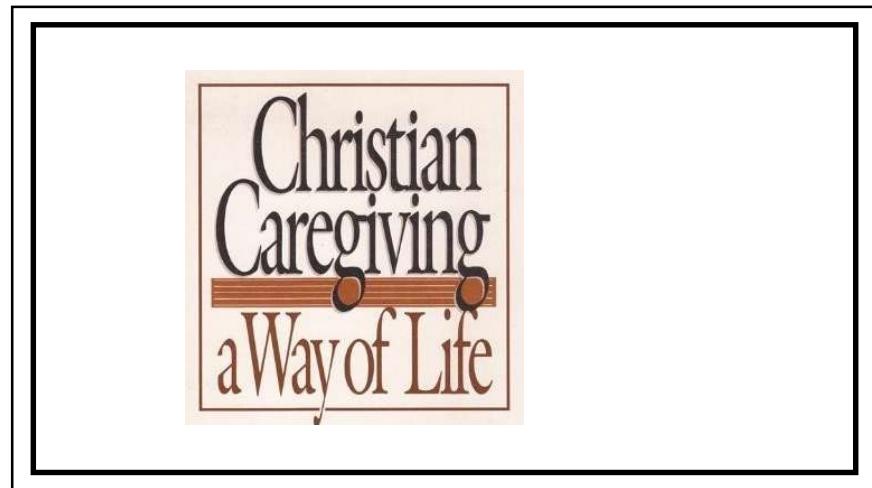


Agenda

- Welcome/Introductions & Opening Prayer - TBD
- Worship Music – *Hello, My Name Is* (Matthew West)
- Discussion Video – *Christian Caregiving: Navigating Family Dynamics* - Ed
- Open Discussion - Dena
- Prayer Requests - Sharon
- Closing & Prayer - Sharon

1



2

Navigating Family Dynamics

An illustration of two children, a girl in a blue dress and a boy in an orange shirt, watering a small plant with a watering can. The background is a gradient from orange to yellow.

3

Colossians 3 (ESV)

8 But now you must put them all away: anger, wrath, malice, slander, and obscene talk from your mouth. 9 Do not lie to one another, seeing that you have put off the old self with its practices 10 and have put on the new self, which is being renewed in knowledge after the image of its creator. 11 Here there is not Greek and Jew, circumcised and uncircumcised, barbarian, Scythian, slave, free; but Christ is all, and in all.

4

Colossians 3 (ESV)

12 Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience, 13 bearing with one another and, if one has a complaint against another, forgiving each other; as the Lord has forgiven you, so you also must forgive. 14 And above all these put on love, which binds everything together in perfect harmony. 15 And let the peace of Christ rule in your hearts, to which indeed you were called in one body. And be thankful.

5

Colossians 3 (ESV)

16 Let the word of Christ dwell in you richly, teaching and admonishing one another in all wisdom, singing psalms and hymns and spiritual songs, with thankfulness in your hearts to God. 17 And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

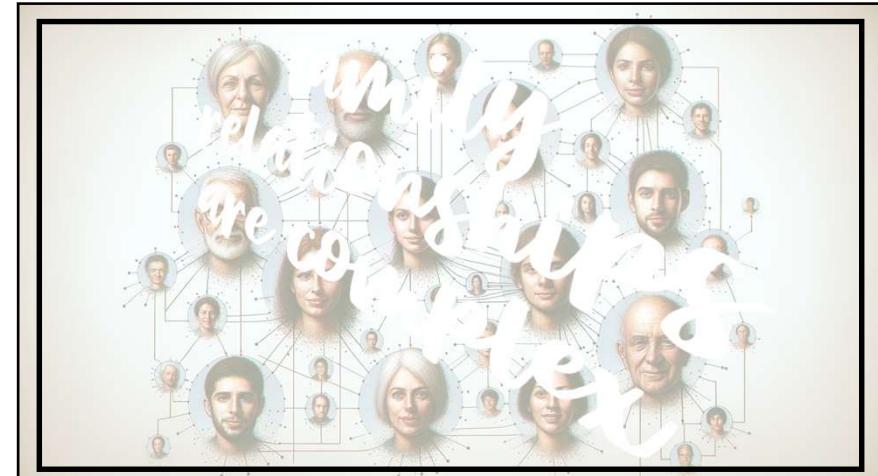
6

Main Idea

We are called to grace and forgiveness within the complexities of family caregiving.

7

8



Family Relationships Are Complicated

- Joseph forgave his brothers despite betrayal.

4 So Joseph said to his brothers, “Come near to me, please.” And they came near. And he said, “I am your brother, Joseph, whom you sold into Egypt. 5 And now do not be distressed or angry with yourselves because you sold me here, for God sent me before you to preserve life. (Genesis 45:4–5 ESV)

9

Family Relationships Are Complicated

- If possible, live peaceably with all.

18 If possible, so far as it depends on you, live peaceably with all. (Romans 12:18 ESV)

- Bear with one another in love (Colossians 3:13).

11

Family Relationships Are Complicated

- Let all bitterness & wrath be put away.

31 Let all bitterness and wrath and anger and clamor and slander be put away from you, along with all malice. (Ephesians 4:31 ESV)

- A soft answer turns away wrath.

1 A soft answer turns away wrath, but a harsh word stirs up anger. (Proverbs 15:1 ESV)

10



12

Forgiveness Brings Healing

- Forgive as the Lord forgave you (Colossians 3:13).
- Be reconciled to your brother.

24 leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift. (Matthew 5:24 ESV)

- Be kind & tenderhearted, forgiving one another

32 Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you. (Ephesians 4:32 ESV)

13

Forgiveness Brings Healing

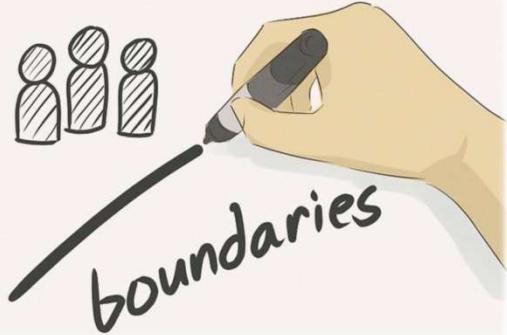
- Love covers all offenses.

12 Hatred stirs up strife, but love covers all offenses. (Proverbs 10:12 ESV)

- Mercy triumphs over judgment.

13 For judgment is without mercy to one who has shown no mercy. Mercy triumphs over judgment. (James 2:13 ESV)

14



15

Boundaries

- Jesus withdrew to rest & pray.

31 And he said to them, “Come away by yourselves to a desolate place and rest a while.” For many were coming and going, and they had no leisure even to eat. (Mark 6:31 ESV)

- Let your “yes” be yes & your “no” be no.

37 Let what you say be simply ‘Yes’ or ‘No’; anything more than this comes from evil. (Matthew 5:37 ESV)

16

Boundaries

- Guard your heart with all vigilance.
23 Keep your heart with all vigilance, for from it flow the springs of life. (Proverbs 4:23 ESV)
- Speak the truth in love.
15 Rather, speaking the truth in love, we are to grow up in every way into him who is the head, into Christ, (Ephesians 4:15 ESV)

17

Boundaries

- Pursue what makes for peace.
19 So then let us pursue what makes for peace and for mutual upbuilding. (Romans 14:19 ESV)

18

Discussion Questions

- How has caregiving affected your relationships with other family members?
- What boundaries have helped you maintain peace & emotional health?
- How do you practice forgiveness in family caregiving situations?
- What role does grace play in your family dynamics?
- How can you invite God's healing into strained relationships?

19

Navigating Family Dynamics



20