

LIVING HOPE
DEMENTIA CAREGIVER
SUPPORT COMMUNITY

Agenda

- Welcome/Introductions & Opening Prayer - Sharon
- Worship Music - *Graves Into Gardens (Elevation Worship)*
- Scripture Reading (Philippians 4:10-20 ESV) - Ed
- Bible Teaching (*Secret to Contentment*) - Pastor Joby
- Open Discussion - Dena
- Prayer Requests - Sharon
- Closing & Prayer - Sharon

SECRET TO CONTENTMENT

PHILIPPINES



Philippians 4 (ESV)

10 I rejoiced in the Lord greatly that now at length you have revived your concern for me. You were indeed concerned for me, but you had no opportunity. 11 Not that I am speaking of being in need, for I have learned in whatever situation I am to be content. 12 I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. 13 I can do all things through him who strengthens me.

Philippians 4 (ESV)

14 Yet it was kind of you to share my trouble. 15 And you Philippians yourselves know that in the beginning of the gospel, when I left Macedonia, no church entered into partnership with me in giving and receiving, except you only. 16 Even in Thessalonica you sent me help for my needs once and again. 17 Not that I seek the gift, but I seek the fruit that increases to your credit.

Philippians 4 (ESV)

18 I have received full payment, and more. I am well supplied, having received from Epaphroditus the gifts you sent, a fragrant offering, a sacrifice acceptable and pleasing to God. 19 And my God will supply every need of yours according to his riches in glory in Christ Jesus. 20 To our God and Father be glory forever and ever. Amen.

The Point

True contentment comes from trusting in Jesus, not from our circumstances.

SECRET TO CONTENTMENT

PHILIPPINES



Discussion Questions

- In what ways do you experience God's strength when your own strength feels depleted?
- What specific areas in your caregiving journey do you struggle to feel contentment or peace?
- How do you respond when your plans or expectations don't match your current reality?
- What does it mean to you that true peace is a gift from the "Prince of Peace" & not something we generate ourselves?
- Can you think of a moment when, despite the difficulties of caregiving, you were able to say, "It is well with my soul"?

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